

| 13.00 | 800 m. | U18U20 | tijd | | | | | |
|--------------|-------------------------|---------------|-------------|--|--|--|--|--|
| 1 | Jelle Verdoes | | 2,16,81 | | | | | |
| 2 | Jeroen Jonker | | 2,18,77 | | | | | |
| 3 | Arjen Schippers | | 2,25,63 | | | | | |
| 4 | Luc de Goeij | | 2,28,43 | | | | | |
| 5 | Max Kraal | | 2,29,43 | | | | | |
| 6 | Maarten Hartkoren | | 2,33,76 | | | | | |
| 7 | Tobias Steevensz | | 2,35,23 | | | | | |
| 8 | Erik Hokken | | 2,38,39 | | | | | |
| 9 | Koen Verheijen | | 2,42,68 | | | | | |
| 10 | Steven de Kock | | 2,45,75 | | | | | |
| 11 | Christiaan van den Adel | | 2,51,76 | | | | | |
| 12 | Jochem Stoppelenburg | | 2,52,55 | | | | | |
| 13 | Sacha Ruf | | 2,55,81 | | | | | |
| 14 | Tijs van Ettinger | | 2,59,51 | | | | | |
| 15 | Joris Kemp | | 3,05,57 | | | | | |
| 16 | Roos Korevaar | | 3,06,40 | | | | | |
| 17 | Mathilde den Boef | | 3,06,44 | | | | | |
| 18 | Kiki Knikman | | 3,27,58 | | | | | |
| | | | | | | | | |
| 10.00 | 110mh | JU18 | tijd | | | | | |
| 1 | Arjen Schippers | | 22,63 | | | | | |